



Yoga Scotland

(incorporating the Scottish Yoga Teachers' Association)

On-Going Training Information

**When booking please send the booking form to:
Kirsty Davidson, 52 Eddertson Road, Peebles, EH45 9DT (yogascotland@yahoo.co.uk)**

Enclosed are details of the On-Going Training days which have been arranged for the session 2011/2012. You can attend as many as you wish, depending on demand and the availability of spaces. Training days will be for up to 30 teachers, except the 2 First Aid Days which have a maximum of 12. OGT days are open to Yoga Scotland registered teachers and student teachers, BWY registered teachers and teachers from BWY Accredited Groups. These OGT days are not open to teachers or students from groups not accredited by the BWY.

Booking:

Using the booking form please indicate in order of preference which day or days you wish to attend. Please do not put a number against a session that you know you will not be able to attend (because the date is not suitable/geography does not allow or the topic does not interest you). Please be aware that you may not get your first choice of days if there is a big demand. The allocation is made on a first come, first served basis.

Days will be allocated after the closing date and you will receive an information pack in due course.

Costs:

Days will cost £25 for all eligible teachers and student teachers, **except the 2 First Aid Day which are £50.**

Please send a separate cheque for each day that you wish to attend. If you wish to attend several days you may post date your second and subsequent cheques at monthly intervals.

Please return your completed application form and a cheque(s) for £25 with an SAE if required.

Cheques should be made out to 'Yoga Scotland On-Going Training'.

You may not get a place on your extra days. We welcome second and subsequent applications but these will be allocated once all applicants have been give one place.

Some venues do not permit food to be brought in, but have their own cafeteria where food may be bought. Participants at other venues are required to bring their own packed lunch and a flask for hot drinks if required. Please check you pre-course information. Although we aim to have the venues as comfortable as possible for practice there may be times when rooms are cool and as parts of most days require sitting, listening to a tutor, please ensure that you do have warm clothes available.

Confirmation, training day information and directions can be received either

- **By post by enclosing an SAE**
- **By email by providing an appropriate email address**

Once your training day(s) have been allocated you will be sent further information: a map and or directions to the venue, any pre-course information provided by the tutor, (this varies considerably), such as aims and objectives and programme.

If circumstances arise which mean that you are no longer able to attend your allocated training day(s) then please let Kirsty know as soon as possible so that the place can be offered to another teacher.

On-Going Training aims to run on a break-even basis. Refunds are only issued if two weeks notice of cancellation is given and a £5 administrative fee is levied