



Yoga Scotland

(incorporating the Scottish Yoga Teachers' Association)

On-Going Training Booking Form 2010- 2011

Please complete and return to Kirsty Davidson, 52 Edderston Road, Peebles, EH45 9DT.

Please include a separate cheque for £25, made payable to 'Yoga Scotland on-Going Training', for each individual day that you wish to attend.

Date	Venue	Tutor	Topic	Order of Preference
Sat 18/09/10	Edinburgh	Danielle Arin	Precision and Alignment in Yoga	
Sun 10/10/10	Polmont	Paul Fox	Core Strength in Yoga	
Sat 30/10/10	Edinburgh	Jane Harris	Making the most of Maha Mudra	
Sat 20/11/10	Aberdeen	Marjory Watt	A closer look at the Pranavayus	
Sat 26/2/11	Glasgow	Margo von Romberg	The Bhagavad Gita	
Sat 19/3/11	Perth	Rosalind Batchelor	The Language of Yoga	
Sun 20/3/11	Polmont	Jackie Le Brocq, Sue McLennan and Kath McDonald	A day for prospective tutors on Yoga Scotland courses	
Sat 2/4/11	Glasgow	Swami Satyaprakash	The Teaching of Bandhas and Mudras	
Sun 3/4/11	Glasgow	Swami Satyaprakash	Mantra and Meditation	
Sat 16/4/11	Edinburgh	Bijam Saraswati (Jenni Connaughton)	Working with Mental Health Problems	
Sat 14/5/11	Glasgow	Beverley Nolan	The Skeletal System	
Sat 28/5/11	Edinburgh	Christine Purves & Melanie Cook	Supporting Women's needs through Yoga	

Name:

YS Membership Number:

Address:

Telephone number:

- I wish OGT information sent by mail. I enclose an SAE.
- I wish to receive OGT information by email. Email address:

If you are not Yoga Scotland registered then please give details of your teaching qualification below.