



Yoga Scotland

Yoga Scotland AGM and Yoga Celebration

Saturday 9 March 2019
Victoria Hall, Dunblane, FK15 9EX

10am – 4pm
Registration from 9.30am

The Annual General Meeting will be held at 12noon and all Yoga Scotland members are encouraged to come along and support our organisation.

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| 10am | Yoga for All with Yoga Scotland tutors
Cathy Swan, Judy Cameron and Lindsey Porter |
| 12noon | AGM |
| 1.15pm | Bring and share lunch – your opportunity to catch up with old friends and to make new ones. |
| 2.30pm | Satsang; questions and sharing of your yoga wisdom.
Kirtan; chanting Mantra with Jackie Le Brocq |
| 4pm | Farewells |

There is no charge for the day. Donations are appreciated to cover costs.
Any surplus will be added to the bursary fund to help students on a low income to attend Yoga Scotland courses.

Please bring your usual yoga equipment and a contribution to the shared lunch. Tea and coffee will be provided

*There will be a bring and buy stall for used yoga books and equipment.
Please support this by bringing a contribution or buying a treasure.*

Please email your response or apologies to maria@yogascotland.org.uk



Yoga Scotland

Agenda

1. Welcome and Apologies
2. Minutes of 2018 AGM.
3. Matters Arising.
4. Presentation of Annual Report and review of 2017-2018 – Chair and Trustees.
5. Membership of EUY
7. Membership fees
8. Elections to the Trustee Committee.
9. AOCB.
10. Date and venue of next meeting.

Annual Accounts

A summary of the accounts is contained within the Annual Report. Copies of the full accounts will be made available at the AGM or by contacting Olive Gardiner

On behalf of the Trustee Committee

15 January 2019

Would you like to join the Board of Trustees?

Yoga Scotland's trustees are entrusted with the task of promoting yoga throughout Scotland and ensuring that every aspect of our organisation's work is efficiently and effectively run - a huge task. We are currently 11 trustees and our secretary is standing down at the AGM. The constitution allows Yoga Scotland to have up to 15 trustees. If you have some time, enthusiasm and skills, please think about giving something back by volunteering to join the Board. Terms of office are for 2 years and trustees are eligible to serve for a total of 4 years.

All members - both ordinary and teaching are eligible to stand as trustees. Students and student teachers will have to complete their courses before they can become trustees. We particularly welcome new trustees with communications, events and previous trustee experience.

If you are interested please fill out the nomination paper below and email to Maria. If you would like to know more, please arrange to speak to one of the current trustees (Maria can help with this) or catch up with us at the AGM. We are currently seeking a new treasurer.

Thank you.

Board Of Trustee's Member Nomination Paper

I wish to nominate myself for Trustee membership

Name.....

Membership number.....

Membership type: Ordinary Member / Teaching Member / Non- insured Teacher

Signed.....Date.....

Please add a few words about yourself and your yoga history

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Please return no later than 28th February 2019, or bring this nomination form with you to the AGM.

Directions to the AGM venue

Address: Victoria Halls, Stirling Road, Dunblane, FK15 9EX

Tel: 01786 822176

The Hall is conveniently located off the M9 Motorway and is directly opposite Dunblane's mainline railway station.

Local trains

Regular connections from Glasgow, Edinburgh, Perth, Dundee and the North to Dunblane train station. If arriving by train to Dunblane, the Victoria Hall can be found immediately opposite the station.

By Car

Take the M9 to the north of Stirling then turn onto the B8033 and the Keir Roundabout.

There is ample parking either outside the hall itself or on the other side of the station in the car park beside Tesco's. The Cathedral is at the top of Dunblane High Street, and also has a free car park. Finally the Drying Green can be found below the cathedral and has free parking as well.

By Air

Edinburgh Airport is 8 miles west of Edinburgh on the Glasgow A8, 38 miles from Dunblane via M9. Trams will soon link the airport with the city. Regular Airlink bus service go to Haymarket and Waverley in Edinburgh (30 mins) to link with the train (60 mins) to Dunblane. It is possible to get a bus from near Edinburgh Park station avoiding the city.

Glasgow Airport is 8 miles west of the city centre off the M8, junction 28, and 44 miles from Dunblane. There is a Shuttle bus (25 mins) to Glasgow Queen St station and then train (40 mins) to Dunblane. Airport taxis go to Glasgow City Centre.

Prestwick International Airport is near Ayr and 67 miles from Dunblane. This airport offers free/discounted train travel (50 min) to Glasgow Central station. From there it's a 6 min walk/free bus to Queen St station and then train (40 mins) to Dunblane.

By Bus

Citylink M8: Glasgow-Stirling-Dunblane-Perth-Dundee: use bus stop on Perth Road by/opposite police station. Bikes are carried free provided they are in an approved box or bag and that there is sufficient space in the luggage hold. See the [Scottish Citylink website](#) for further details.

Local buses: link Dunblane with towns and villages off the railway network – including Crieff, Doune, Callander, Stirling University, the Hillfoots and Fife

The Trossachs: There are demand responsive taxis at bus prices which need to be booked 24hrs in advance. [Stirling Council website - Demand Responsive Transport](#)

Within Dunblane: Local bus C66 and C67 do a circuit from Argyle and Whitecross estates to the town centre shops and health centre 3 or 4 times a day. Local Bus timetables: [Travel search website - bus list](#)