

Guidelines on Continuous Professional Development (CPD) for Yoga Teachers

Yoga Scotland promotes continuous professional development and life long learning for yoga teachers.

A programme of On-going Training (OGT) Days is available for all yoga teachers each membership year (from 1 September to 31 August).

Requirements:

Yoga Scotland teachers are required to accrue 15 CPD points in any membership year to renew their teaching membership including insurance.

Points can be accrued as follows:

Attendance at a Yoga Scotland OGT day	7.5 points
Attendance at a British Wheel of Yoga In-service Training Day *	7.5 points
Attendance at First Aid Training (Yoga Scotland recommends that teachers maintain a current first aid certificate, renewed every 3 years.) *	1 point per hour
Attendance at other training days which you determine will further your continuing professional development. *	1 point per hour
Directed private study can count for a maximum of 5 points in any year but must involve at least 7.5 hours of private study. **	Up to 5 points
Online training courses and modules can count for a maximum of 5 points in any year but must involve at least 7.5 hours of study and practice.	Up to 5 points

* copies of certificates will be required as evidence of attendance at training organised by training providers other than Yoga Scotland.

** teachers should record Directed Private Study and online courses stating the subject studied, the purpose of the study, the hours spent, the learning objectives and outcomes.

Teachers are asked to submit their CPD records by 30 June each year. From May 2020 teachers will be able to submit their records via their account on the Yoga Scotland website.

Exemptions:

Exemptions may apply in exceptional circumstances, eg illness/injury, bereavement, pregnancy and childbirth. Please contact the Yoga Scotland administrator if your circumstances force you to apply for an exemption.

Non-compliance:

Teachers who do not accrue 15 points over the membership year may have their teaching registration withdrawn. Teachers may re-register as Yoga Scotland teachers on completion of the necessary CPD points (please see the guidelines on non-compliance for more information on the requirements.)